

MENTAL HEALTH SERVICES

Group Therapy

Phoenix Associates, Inc.



Men's and Women's Substance Use Groups

Phoenix Associates provides therapist-led support groups for adults who are struggling with addiction and may face legal involvement due to substance use. Our licensed providers offer an encouraging environment to provide support, education, and accountability, in a confidential environment.

Men's Group: Mondays 2-3pm Women's Group: Mondays 3:45-5pm



Men's Survivors of Sexual Abuse Support Group

Phoenix's therapist-led trauma group provides a sensitive and supportive environment for men seeking to heal from childhood sexual abuse to help each participant find greater insight, freedom, and healing.

Fridays 6-7pm



Teens' Substance Use Group

Phoenix provides a safe and supportive environment for teens who are struggling with substance use and who may be facing peer pressure, family conflict, or legal involvement. Phoenix's therapists facilitate healthy perspectives on peer relationships, addiction, family dynamics, and more.

Mondays 6-7:30pm



Coming Soon

Adolescent Boundaries Group Seniors' Support Group

Phoenix Associates offers group counseling services to adults and adolescents on an as-needed basis. Inquire below for information on availability.

Connect for more information: