



Phoenix Associates, Inc.



Active Parenting

Phoenix Associates is offering Parent Education groups for parents of children and adolescents utilizing the Active Parenting curriculum.

The curriculum is evidenced-based and proven effective. The goals of the program are to explain positive discipline and improve communication techniques.

The 12 week program begins with an in home assessment to assess strengths and areas of concern. In home assessments will also occur during participation as well as at completion.

Happy families aren't born...they're made one day at a time.

Referrals can be made by contacting Phoenix Associates.

We accept all insurance, including Medicaid.

This service is a DCS contracted service.

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The group component consists of six 2 hour groups covering topics such as:

- Brain Development
- Communication
- Empathy
- Logical Consequences
- Encouragement
- Anger Management
- School Success

Individual sessions will occur on alternate weeks of the group session. This provides the parent with information and skills tailored to their individual needs. Individual sessions provide the parent with an opportunity to address current difficulties and develop strategies specific to their family's needs.